

Sexual Assault Center of Pierce County
633 N. Mildred, Suite J
Tacoma, WA 98406-1725
<http://sexualassaultcenter.com>



24 Hour Crisis/Information & Referral Line (253) 474-7273 or 1-800-756-7273

Therapy Specific Questions

How do I get into Therapy with SACPC?

...Please contact our Crisis, Information and Referral Line at (253) 474-7273 or 1-800-756-7273 and say you are interested in signing up for our therapy program. The advocate will let you know an approximate time before a therapist will call you to schedule an appointment; wait times vary greatly depending on the number of people currently requesting services. Typically wait times may range from one week to a few months. The advocate will offer you additional referrals for therapy outside our agency if you wish.

Who is eligible for therapy at the Sexual Assault Center of Pierce County (SACPC)?

...We provide therapy to any person over the age of 13 who is being negatively impacted by sexual assault/abuse issues and would like therapy to help address these issues. This includes victims of rape, sexual assault or sexual harassment, as well as adult/teen survivors of childhood sexual abuse. We also serve non-offending parents and partners of any sexual assault survivor. All therapy that we provide addresses issues related to sexual assault and abuse. If we assess that an individual could benefit from another type of treatment before beginning sexual assault related work we may suggest that occur before beginning sexual assault related work.

How much does therapy cost at SACPC?

...We do not want anyone to be turned away for financial reasons, yet we do ask that everyone pay **something**. We have a very generous sliding fee scale and your therapist will work with you to find a fee that you can afford. We are able to accept Crime Victim's Compensation. We are not able to accept medical coupons.

How long will I be in therapy?

...Length of time in therapy at SACPC is based on the needs of the clients addressing sexual assault abuse issues to their satisfaction. Some clients are seen for a few sessions and others are seen for years.

What kind of therapy do you offer?

...We provide individual therapy and couples therapy for those wishing to address the impact of sexual abuse/assault on themselves or their relationship. Therapists who have a minimum of a Master's degree in Psychology, Counseling or a related field provide all therapy. All therapists have substantial training in sexual assault/abuse treatment and

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receive additional up-to-date training each year. All therapists are either registered or licensed in the state of Washington.

What should I do while I am on the waiting list for therapy services?

...While on the waiting list and while in therapy we encourage you to make use of additional positive supports. In addition to encouraging you to connect with supportive family and friends, we offer our 24-Hour Crisis, Information and Referral line at (253) 474-7273 or 1-800-756-7273 as a resource if you would like additional support at any time. Trained advocates who can offer support during difficult times answer this line. We also offer a list of useful books that may be helpful (*see a list under the Links to Resources button*).