



24 Hour Crisis/Information & Referral Line (253) 474-7273 or 1-800-756-7273

Frequently Asked Questions

Main Page

General / Victims/Survivors / Child / Parent / Family & Friends / Therapy

All of the categories have commonly asked questions and answers about sexual assault. If you cannot find the answer to a question you have, please take a moment and email jennifer@sexualassaultcenter.com. She will get back to you as soon as possible. (As safety permits, please include a phone # where we might reach you if email response presents a problem.)

The questions and answers in each category are listed below. You can printout each page for you or someone you care about. Go to the page and click on the Adobe PDF icon at the top of the page. If your computer cannot print out the pages, you can click on the icon at the top of the page and download the Adobe PDF software for free.

General Questions:

Are there charges for SACPC Services?

How can I donate to the Sexual Assault Center of Pierce County?

Other than financially, how can I contribute to SACPC?

How can I get involved in a community project?

Are 'you guys' busy?

How can you do that work?

Victims/Survivors Questions:

How long do I have to report my assault or abuse to law enforcement, as an adult?

What is sexual assault/rape?

Is it rape if the victim and perpetrator are married?

Is it rape even if you do not say 'no' or fight back?

What should I do if I am raped? Where do I go?

No one will believe that I was raped because I had too much to drink.

What is a legal advocate and what can they do for me?

What should I expect following a sexual assault?

What if my assault was a long time ago?

If I contact SACPC, will you have to report the sexual assault to the police?

How can I keep myself safe?

Is it normal to still be upset about my abuse?

Child Questions:

How long do I have to report my childhood or adolescent assault or abuse to law enforcement?

What is good touch and confusing touch?

*Who can I tell when someone is touching me in a confusing way?
What do I do when I already told someone and nothing happened?
What do I do when no one believes me?*

Parent Questions:

*What do I look for when I suspect someone is abusing my child?
How can I keep my children safe?*

Family & Friends Questions:

*How can I be supportive and understanding of my friend/family member if I am having difficulties with my own emotions about sexual abuse/assault?
What can I do to support my loved one who is a victim of sexual assault/abuse?
How do I support my friend/family member after a recent sexual assault or disclosure of childhood sexual abuse or past sexual assault?
Where can I find out more?*

Therapy Questions:

*How do I get into Therapy with SACPC?
Who is eligible for therapy at the Sexual Assault Center of Pierce County (SACPC)?
How much does therapy cost at SACPC?
How long will I be in therapy?
What kind of therapy do you offer?
What should I do while I am on the waiting list for therapy services?*